

**WENHAM COUNCIL ON AGING  
BOARD MEETING MINUTES  
NOVEMBER 10, 2009**

**Board Members Attending:** Roseann Brozenske, Dick Eddy, Jean Eddy, Mary Kelly, Luci Lynch, Paul Mendonca, Cil Moscatiello, and Merle Welsh

**Associate member:** Nancy Spofford

**COA Director:** Trudy Reid

Meeting opened by the Director at 1:30 P.M.

Minutes of the meeting of October 13<sup>th</sup> were approved.

**DIRECTOR'S REPORT:**

**H-W COA VAN:** After receiving approval from both the Hamilton and Wenham Selectmen, the van has been ordered and delivery is expected in early January 2010. It was agreed that the required 20% (on our behalf) will be taken from the COA Van Gift Account. There will be no change in driver requirements. Extras include heated curbside mirrors, and lower step, inside and outside cameras, a panic button, two batteries and an "event " recorder. In short it is beautiful!

**Program Recap:** Yoga classes finish up this week, after 5 weeks. The classes will continue another six weeks, starting December 1<sup>st</sup>. The Art lessons have only 2 members, but they are enjoying the class.

**Upcoming Programs:** The Fall Fling is November 15<sup>th</sup>. - 70 have signed up so far. There is still seating available for those interested. Memory Screening - this coming Thursday at the H-W Library by Comfort Keepers. Appointments are needed. Stroke Prevention - is scheduled for Tuesday, November 17<sup>th</sup>. A Long Term Care Insurance Program will be offered on December 17<sup>th</sup>. Lunch at the N S Technical School is scheduled for Wednesday, January 6<sup>th</sup>.

**Enon Village Meal Program** - This program seems to be holding its own. In order attract more attendees, Maggie has changed the serving time to 12 noon, instead of 11:30. The Director has again submitted a grant on behalf of this program to the First Church Grant Committee, for additional monies to keep this program going. Awards will be made in January. It was suggested that the Director talk to Senior Care for financial help as well.

**FY11 COA Budget** - Meetings have begun, and Department Heads will hold a second meeting today, following this meeting, to discuss options, and will also meet again with the Selectmen next week. Because there are many departments involved, it is impossible to predict how things will turn out, but it does not look too good. The Director noted that money from the sale of the Van will be returned to the Van Gift Account. At this point it is hoped we can continue to hold the Wellness Clinic, which always has good attendance. The

possibility of using a volunteer nurse was mentioned. This could result in savings not only to our budget, but also for the Board of Health. The Director will keep the Board updated.

### **COMMITTEE REPORTS;**

**Kite Day** - Dick Eddy reported that the Committee is very excited. The new field at Beverly Airport (now called Birch Planes) has been secured, and they are presently getting the necessary Permits for food service, etc. The Airport Café has agreed to cater the event. Since the Beverly Rec Department is a co-sponsor, there will be no charge for the use of the field. He noted that this is a very aggressive committee and they are doing a great job. They are expecting a large turnout, with the change of date to August, when the Rec Departments will have many youngsters able to participate. Volunteers will be needed for set up etc. It is hoped that the Hamilton COA will be able to help with this effort.

**Coffee Hours** - Last Saturday's program was a great success. The Speaker, got everyone involved in the discussion that followed his talk, and several ideas for new programs may come out of this, as a result. The December Coffee will feature Holiday music by the High School chorus - Harmony.

**Movies** - The October movie unfortunately had no attendance. This may have been because it has recently been shown on TV. This month's movie "The Proposal" is expected to attract more interest, since it was filmed on the North Shore. December's film will be "The Cottage", with Peter O'Toole.

**Friends** - Mary Kelly reminded the Board about the upcoming Fall Fling on Sunday, Nov. 15<sup>th</sup>. Work on the Town Quilt continues with a tentative March finish date. They will have a financial report at their December meeting.

**Holiday Plants** - Jean Eddy stated that she will be using the same vendor as last year, and at the same price. It was agreed to continue to deliver plants to seniors age 80 and up, as has been the custom. Delivery date is set for Monday, December 7<sup>th</sup>. Buker Parents and possibly the Middle School Friends will be asked to help with this venture.

### **NEW BUSINESS;**

The Director announced that she has been approached by an attorney from Hamilton, who would like to offer free legal services to seniors unable to afford an attorney, for such things as setting up a Health Proxy and Durable Power Attorney. The Board discussed the idea briefly, and voted to table further discussion until the December meeting.

She also mentioned that the Town is planning some sort of Wenham Holiday event with the Tea House, the Museum etc. and wondered if we would like to be involved in some way. A Tree Lighting was also mentioned. Any ideas for COA participation would be appreciated.

Trudy also suggested that we might get involved in the Museum Gingerbread House Decorating Contest, if she can obtain the assistance of a friend who has done this sort of project with children in the past. It was the general feeling of the Board that this might be an interesting idea to pursue.

**Meeting adjourned at 2:20 P.M.**

**Next Meeting - December 15<sup>th</sup>, 2009, at 1:30 P.M.** (Note change of date due to Election)

**Lucille Lynch, Secretary**